

2011 UW-Eau Claire Gymnastics Camp Registration Form

Resident Commuter

Week One Week Two Both weeks

Name/Last _____

First _____ MI _____

Address _____

City _____ State _____ ZIP _____

Parent or Guardian _____

Emergency Phone Number _____

Date of Birth _____ Age (Sept., 2011) _____

Grade (Sept., 2011) _____

School _____

Coach or director of program _____

Roommate preference (optional) _____

T-shirt size (Adult) S M L XL

Make check payable to:
UW-Eau Claire Gymnastics Camp

Mail check or credit card information and registration to:
UW-Eau Claire Gymnastics Camp
McPhee Physical Education Center
P.O. Box 4004
Eau Claire, WI 54702-4004

*Note: A medical form will be sent to you when we receive your application.
There is a possibility of your daughter being injured at Gymnastics Camp.*

For Office Use Only

| Received | Balance | Medical Form | T-Shirt Size |
|----------|---------|--------------|--------------|
| | | | |

Method of Payment

Check

Enclosed is \$ _____ as full payment

Enclosed is \$ _____ deposit.
(\$50 minimum. Balance due by July 8, 2011)

Credit Card

Credit Card Information: Mastercard VISA Discover

Name _____

Card No. _____ Exp. Date _____

Signature _____

*A \$3.00 processing/service fee will be added to all phone-in and mail-in credit card orders

Non-profit Org.
U.S. Postage
PAID
Permit No. 219
Eau Claire, WI

Blugold Gymnastics Camp 136-5-031663
University of Wisconsin-Eau Claire
Department of Athletics
Eau Claire, WI, 54702-4004



University of Wisconsin-Eau Claire

2011 Blugold Girls Gymnastic Camps



July 24th-29th and/or
July 31st-August 5th

Sponsored by UW-Eau Claire Department of Athletics



BLUGOLD GYMNASTICS CAMP

Since 1969, the University of Wisconsin–Eau Claire Gymnastics Camp has offered girls an opportunity to excel and enhance their gymnastics abilities. If you are seeking a high-quality gymnastics camp where training, safety and fun come together in powerful ways to promote learning and personal achievement, then the UW-Eau Claire Gymnastics Camp is for you!

Location

Known as Wisconsin's most beautiful campus, UW-Eau Claire spans the banks of the Chippewa River in the heart of Eau Claire. Western Wisconsin's largest city, Eau Claire is located 90 miles east of Minnesota's Twin Cities of Minneapolis and St. Paul. On upper campus, the McPhee Physical Education Center is home to this outstanding gymnastics camp.

Gymnastics Camp Special Features

- Exposure to excellent coaches and spotters
- Use of collegiate training facilities
- Newly renovated McPhee Physical Education Center, now fully AIR CONDITIONED!!!
- Camper to instructor ratio of approximately 6:1
- Free T-shirt
- Athletic trainer on duty at all times
- Full supervision with trained and energetic counselors
- Ability and age grouping
- "Bell ringer" daily awards and special camp awards
- Gymnastrada on the last day of camp for families to observe what their children learned at camp
- Emphasis on skills and FUN!



Camp Director

The camp is directed by Erin Bolstad. Erin is the assistant coach of the UW-Eau Claire women's gymnastics team and the director of the Jr. Blugolds Gymnastics program. This is her eighth year coaching the Blugolds and her sixth year directing the UW-Eau Claire gymnastics summer camp. She and head coach Jean DeLisle have led the Blugolds to three consecutive appearances at the NCGA National Championships and have coached two individual national champions and one conference champion.

Camp Staff

Our coaches and instructors are selected for their outstanding abilities in training and guidance of gymnasts of all ages and talents. Staff members are well known and respected for their knowledge and experience in gymnastics. Members of the UW-Eau Claire gymnastics team add their expertise to the camp staff.

Lodging and Meals

Campers who choose to stay on campus will be housed, two to a room, in Murray Residence Hall on upper campus. Campers receive constant supervision; 24-hour security service is provided and counselors room on the same floor. All bedding is supplied. Resident campers will have three "all-you-can-eat" meals per day, provided by the University Food Service. These meals will be at the beautiful Hilltop Center on upper campus. The first meal is Sunday supper and the last is Friday breakfast. Lunch and supper will be provided for commuters.

What to Bring

Campers should bring workout clothes, grips, swimsuit, towels, and spending money. Resident campers also should bring an electric fan and toiletries. Pillows, blankets and sheets are provided.

Sample Schedule

| | |
|------------|--|
| 8:30-9:00 | Warm-up and daily reminders |
| 9:00-12:00 | Three – 50-minute gymnastics event rotations |
| 12:00-1:15 | Lunch |
| 1:15-1:30 | Stretch |
| 1:30-4:30 | Three – 50-minute gymnastics event rotations |
| 4:30-6:00 | Dinner and free time (campers ages 9 and under are fully supervised) |
| 6:00-6:30 | Clinic |
| 6:30-8:00 | Open gym (M,W) or camp activity (T, Th) |
| 8:00-9:30 | Open swim (optional) |
| 9:30 | All residents return to dorms |
| 10:30 | Lights out |

Registration and Cost

To register, fill out the attached form and return it with your full payment or a \$50 non-refundable minimum deposit. Balances are due no later than July 8, 2011.

Dorm Residents

\$400/week or \$750 for both weeks. Includes tuition, housing, meals and camp T-shirt.

Commuters

\$295/week or \$550 for both weeks. Includes tuition, lunch, dinner, and camp T-shirt.

Check in will be in the lobby of your assigned residence hall on upper campus at UW-Eau Claire. Residents will check in on Sunday from 4:30-5:45 p.m. Commuters will check in on Sunday from 5:45-6:00 p.m. Camp welcome, staff introductions and group placement will follow registration at the McPhee Physical Education Center. Commuters arrive at camp in the morning and will be allowed to leave camp for dinner only (4:00-5:45 p.m.).

Cancellation Policy

\$50 will be refunded if camper cancellation is received two weeks prior to camp date. Once camp begins, there are no refunds except for medical reasons.

For Further Information Contact

Erin Bolstad
University Wisconsin-Eau Claire
201 McPhee Athletics Dept.
Eau Claire WI 54702-4004
e-mail: sportscamps@uwec.edu or hollyek@uwec.edu
phone: 715-836-3991

You may now register online!

Go to: www.uwecblugolds.com/?view=camps. (Registering online requires that the TOTAL camp payment be made)

You may also register by printing the available brochure and mailing with deposit, or call Tammy Normand at 715-836-2546 to register over the phone with a Visa, Mastercard, or Discover.